

**CURRICULUM VITAE
CHARLOTTE GOLDSMITH
Occupational Therapist
PGDip., MSc**

Located in Heathfield, East Sussex

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PROFILE

Specialist in Care, Occupational Therapy, Complex Needs & Moving and Handling

Charlotte is an experienced Occupational Therapist with over 16 years of post-qualification practice, specialising in care and occupational therapy assessments for children and adults with complex needs. Her clinical expertise includes acquired brain injury (ABI), Cerebral Palsy, learning disabilities, complex physical impairments, and neurodiversity, including autism and sensory processing differences.

Alongside her expert witness work, Charlotte provides ongoing private clinical services across the Southeast, carrying out assessments in home, school, residential, and community environments. She has extensive experience in 24-hour postural management and specifying complex equipment, including specialist seating, beds, bathing systems, mobility aids, ramps, and adapted vehicles. She regularly conducts functional occupational therapy assessments to inform housing adaptations and improve accessibility for individuals with significant and enduring needs.

A dual trained practitioner, Charlotte is also a Registered Learning Disability Nurse (RNLD). This additional qualification strengthens her ability to assess individuals with complex medical needs, severe physical disability, and behavioural challenges, including those requiring structured risk management or oversight of restrictive equipment.

Charlotte is a qualified Moving and Handling Instructor and an active member of the National Back Exchange. She provides expert opinion on safe practice, equipment suitability, risk mitigation, and care team training. Her work routinely involves completing and reviewing risk assessments, including those relating to restrictive practice, and advising on strategies to minimise risk to both clients and carers.

As an Ayres Sensory Integration Practitioner, Charlotte brings specialist insight into sensory processing differences and cognitive impairments, particularly where neurodiversity co exists with ABI or complex physical disability. This expertise informs her recommendations around care provision, environmental adaptation, engagement in daily living, behaviour, and participation in education or leisure.

Charlotte has extensive experience working collaboratively with Deputies (pre- and post-settlement), solicitors, case managers, therapists, medical professionals, housing providers, and statutory services. She also contributes to Education, Health and Care Plans (EHCPs), including report writing and attendance at tribunal proceedings.

She engages in regular supervision and continuing professional development, ensuring her clinical and expert witness practice remains fully aligned with current national guidance and evidence-based standards.

Charlotte commenced expert witness practice in 2025, completing comprehensive medicolegal training and mentorship through Fiona Johnson Limited. She has a clear understanding of her duties under the Civil Procedure Rules (CPR Part 35) and provides robust, well-reasoned, and clinically justified reports. She accepts instructions from solicitors acting for both Claimants and Defendants.

RELEVANT QUALIFICATIONS AND EXPERIENCE

- Master's Degree in Health Through Occupation
- Occupational Therapy PG Dip
- BSc Learning Disability Nursing (RNLD)
- Ayres Sensory Integration Therapy (Modules 1-3)
- Constraint Induced Movement Therapy Training
- Moving and Handling Instructor Training
- CPR Part 35 Expert Witness Training

RELEVANT SKILLS/ SPECIALISMS

- Functional assessment, rehabilitation, care needs analysis and service coordination
- Complex equipment assessment and provision
- Housing adaptations and accessibility
- Moving and handling assessment, training and risk management
- Report writing for legal professionals and court proceedings
- ECHP assessment, report writing, and tribunal attendance
- Risk assessment for restrictive equipment (e.g. beds, safe spaces, specialist buggies)
- Sensory processing and integration therapy
- Management of behaviours that challenge
- Expert Witness reporting (CPR Part 35 Compliant)

RELEVANT EMPLOYMENT HISTORY

2025 – Date	Expert Witness, Fiona Johnson Ltd
2021 – Date	Senior Occupational Therapist, Kati Innes Occupational Therapy Limited
2020 – Date	Independent Practitioner and founder of Charlotte Goldsmith Occupational Therapy.
2011 – 2020	Band 6/ 7 Occupational Therapist, East Sussex Children's Integrated Therapy Service.
2010 – 2011	Lead Occupational Therapist for The Priory in Ticehurst- Adult learning disability and mental health unit.

PROFESSIONAL MEMBERSHIPS

- National Back Exchange
- HCPC
- Royal College of Occupational Therapy