

March 2026

CURRICULUM VITAE**RACHEL PEGRUM****Social Worker****BSc (Hons), MSc, CMgr, FCMI****Located in Bedfordshire****Email:** enquiries@fionajohnsonltd.com | **Website:** www.fionajohnsonltd.com**Registered Social Worker: SW59523****PROFILE**

Rachel started her journey into the care sector working in residential care settings for older people and on inpatient mental health units as a health care assistant. After qualifying as a Social Worker, she worked in a Local Authority for 15 years supporting adults of working age with physical disabilities including sensory impairments, older people, people living with addiction, and those struggling with both organic and functional mental health conditions.

Rachel worked for the Department of Health and Social Care during the SARS-CoV-2 pandemic and is in current practice as an Independent Social Worker and Advocate across adult and children's social care. She is the Head of Social Work, Safeguarding and Mental Health for a national charity supporting both working age and older adults with assessment and care support.

Rachel's background supports a comprehensive understanding of care needs and provision due to her wealth of experience and knowledge in the assessment processes under the Care Act, Mental Capacity Act, Mental Health Act, Children Act and NHS Continuing Care Framework for both working age and older adults. Rachel has specialist certifications from the London School of Business and Administration furthering her knowledge of traumatic injury and capabilities undertaking functional assessments.

In her role as Expert Witness, Rachel can advise the court on care packages including 24-hour care packages, waking and sleeping support, double-handed care requirements, direct and indirect employment of carers.

Rachel has undertaken an expert witness module at the University of Hertfordshire. She accepts instructions from Claimant and Defendant firms, has experience attending court and preparing high-quality, evidence-based reports that support legal proceedings.

QUALIFICATIONS

- BSc Social Work
- MSc Social Interventions
- MSc Business and Organisational Strategy
- Professional Certificate in Disability Assistive Technology
- Specialist Certification in Assessment for Individuals with Traumatic Brain Injury

RELEVANT CLINICAL SKILLS

- Functional Assessment of Adults and Children with Physical Disability including Head, Spine and Orthopaedic
- Statutory Funding Assessments
- CPR Part 35 Legal Training and solid understanding of duties to the Court
- Case Assessment Skills at Advanced Level
- Report Writing
- Ability to Critically Analyse Papers and Reports
- Confident and Effective Advocate

RELEVANT EXPERIENCE

- 20 Years Adult Social Care Experience
- Chair of Trustees for Women's Aid, Luton
- Safeguarding Consultant for a Women's Refuge
- Safeguarding Consultant for the Samaritans
- Safeguarding Volunteer for Girl Guiding
- School Governor Tenure of 8 Years for both Primary and Secondary Education
- Independent Trainer for Direct Payments, Safeguarding and Mental Capacity

RELEVANT EMPLOYMENT HISTORY

2023 – Date	Expert Witness, Fiona Johnson Ltd
2023 – Date	Independent Social Worker and Advocate
2022 – Date	Head of Social Work, Safeguarding and Mental Health
2020 – 2022	Regional Liaison for the Department of Health and Social Care
2015 – 2020	Adult Social Care Physical Disability and Older People's Team Manager
2007 – 2015	Adult Social Care Social Worker

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Rachel's background supports a comprehensive understanding of care needs and provision due to her wealth of experience and knowledge in assessment processes. She has significant expertise in conducting assessments and advising under key legislation and frameworks including the Care Act 2014, Mental Capacity Act 2005, Mental Health Act 1983, Children Act 1989 and 2004, and the NHS Continuing Healthcare Framework.

Rachel can offer insight and advice regarding Statutory Funding and is highly capable in regard to strategic reviews of service delivery, integrated systems and provisions available under each of the Acts, commenting on statutory funding arrangements, care provision systems and reviews of service delivery including integrated health and social care models.

Rachel accepts instructions from Claimant and Defendant firms, undertaking detailed reviews of evidence and assessments to produce both advisory and CPR compliant reports. Rachel can also be instructed on an ongoing advisory basis, to report and have continuing involvement; collaborating with the multidisciplinary team including support workers and case managers, as well as making referrals if required.

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