

CURRICULUM VITAE

SARAH JOHNSON Physiotherapist, BSc (Hons)

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PROFILE

Sarah is a Registered Physiotherapist with over 14 years' experience, having worked extensively across various specialities including cardiorespiratory, orthopaedics, multi trauma, neurology, musculoskeletal, cauda equina syndrome, sports injuries, occupational health and case management. She has worked within a variety of NHS and independent settings including hospitals (acute, inpatient, outpatient, A&E), community, private clinics and corporate environments. Sarah has a strong interest in the musculoskeletal and sports injury field; she has worked as a Physiotherapist at several major sporting events, including the Glasgow Commonwealth Games 2014. She possesses additional post graduate qualifications in Acupuncture and Clinical Pilates.

In addition to her clinical skills, she has gained several years' experience in team management, leadership responsibilities and the training of other clinicians. Since 2016, she has managed her own Physiotherapy clinic in Manchester, specialising in Musculoskeletal, Sports injuries, Spinal Cord injuries and Orthopaedics. She has gained additional team management, clinical care provision and business management skills during this time. Sarah began to work as an Expert Witness in 2022 in addition to her work in clinical practice. This has enabled her to expand upon her previous skills in case management, underpinned by her extensive clinical experience, whereby she undertook detailed assessments and prepared comprehensive reports in a wide range of areas and settings.

RELEVANT QUALIFICATIONS AND EXPERIENCE

- Registered Physiotherapist;
- BSc (Hons) Physiotherapy;
- AACP registered Physiotherapist;
- APPI Clinical Pilates Physiotherapist;
- An in-depth knowledge of health care and rehabilitation,
- Including delivering excellent clinical service and management skills in a range of settings and specialities.

RELEVANT SKILLS / SPECIALISM

- Risk Assessments;
- Case Management;
- Functional and Rehabilitation Assessment;
- Report Writing;
- Assessment and treatment of adults with illness and physical disability including neurological, cardio-respiratory, multi trauma, orthopaedic, surgical, spinal, age related and chronic pain conditions.;
- CPR Part 35 Expert Witness Legal Training.

RELEVANT EMPLOYMENT HISTORY

2022- date	Expert Witness, Fiona Johnson Ltd.
2016- date	Physiotherapist and Clinic Owner- Musculoskeletal, Spinal, Orthopaedics, Chronic pain conditions, Rehabilitation, Occupational Health and Case Management.
2016 -2017	Physiotherapist- Musculoskeletal service delivery, clinical governance, audit and training.
2015 -2016	Physiotherapist and Functional Assessor- capability assessments, report writing, multi condition examinations including mental & physical health, complex and chronic conditions.
2013 -2015	Clinical Consultant and Case Manager- initial needs assessments, functional capacity evaluations, workplace assessments, rehabilitation assessments, case management, comprehensive report writing, peer training and appraisals.
2007 -2013	Physiotherapist in private practice- musculoskeletal physiotherapy, clinical Pilates
2008- 2013	Physiotherapist in NHS- musculoskeletal, orthopaedics, cardio-respiratory, elderly care, community, surgical, medical, A&E, falls, trauma, intensive care, rehabilitation, health and safety representative. Progressed from Junior to Senior roles involving team leadership, training and supervision of peers.

PROFESSIONAL MEMBERSHIPS

- Chartered Society of Physiotherapists;
- Acupuncture Association of Chartered Physiotherapists;
- Health Professions Council;
- Australian Physiotherapy Pilates Institute;
- Physio First.