

CURRICULUM VITAE

BARBARA SIMMONS RN, BSc (Hons)

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PROFILE

Barbara has over 30 years' experience as a Registered General Nurse, specialising in the fields of spinal cord injury, acute and rehabilitation nursing, management and discharge policy and procedure. She has enjoyed a varied career, practicing within the NHS and independently. The majority of her career has been spent at The Midland Centre for Spinal Injuries in Shropshire, where she practiced for over 30 years managing patients with varying degrees of disability, spinal cord injuries, paediatrics, and those who required ventilator assistance. Barbara has also acquired extensive, first-class experience as a Resettlement and Community Liaison Officer offering advanced clinical practice, providing expert care, advice and support to spinal cord injury patients including those with highly complex needs both within the hospital environment and the community setting.

Throughout her career Barbara has been a member of the Spinal Cord Injury Paediatric Group, the group is multidisciplinary, and aims is to monitor children who have suffered a SCI through their formative years ensuring development and social issues are addressed to enable the child to experience a successful transition into adulthood. She has also actively participated in issues of tissue viability, and has produced an informative poster which is used across Intensive Care Units to help prevent the development of occipital pressure sores.

Barbara has been an expert witness for over 15 years, acting in high value catastrophic injury claims for both Claimant and Defendants. She is a highly motivated, dynamic, and efficient nurse with an inherent drive and compassion for empowering and enabling individuals to reach their potential and to live fulfilled lives.

RELEVANT QUALIFICATIONS AND EXPERIENCE

- Registered General Nurse;
- BSC(Hons) Nursing;
- Spinal Cord Injuries Acute Care and Rehabilitation;
- Board of Directors for ETHOS;
- Member of the Tissue Viability Group;
- Member of the SCI Paediatric Group.

RELEVANT SKILLS / SPECIALISM

- Spinal Cord Injuries;
- Neurogenic Bowel Management;
- Orthopaedics;
- Tissue Viability;
- Healthcare Research;
- Planning, Managing and Implementing Change.
- Acute Care, Complete Injury, Incomplete Injury, Paraplegia and Tetraplegia Injuries;
- Complex Care Packages Report Writing;
- Confident and Effective Advocate;
- CPR Part 35 Expert Witness Legal Training.

RELEVANT EMPLOYMENT HISTORY

2023 – Date	Expert Witness Fiona Johnson Ltd.
2001 – Date	Resettlement and Community Liaison Officer (Band 7), Team Lead, MCSI
2009 – 2023	Expert Witness, Barbara Simmons Ltd.
1998 - 2001	Ward Sister, MCSI
1985 - 1998	Registered General Nurse, MCSI.
1983 - 1985	Nurse Training, Robert Jones and Agnes Hunt Orthopaedic Hospital, Oswestry, Shropshire and The Royal Shrewsbury Hospital

PROFESSIONAL MEMBERSHIPS

- Royal College of Nursing
- NMC.